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# 2015 ATC WORKSHOPS

Opportunities for growth, learning and inspiration at the Applied Theatre Center

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**January 23-24, 2015**

**Intro to Theatre of the Oppressed**

**May 14-17, 2015**

**Theatre for Marginalized Groups**

**June 19-21, 2015**

**Theatre for Social Change**

**July 24-26, 2015**

**Psychodrama**

**2015 (available all year)**

**Applied Theatre and Spirituality**

**REGISTRATION** – All of the Greenville workshops are offered for \$225 for adults and \$150 for full time college students. Registration is available online.

**LOCATION** – All 2015 ATC workshops are held in Greenville, SC. Greenville is served by an international airport, Amtrack trains and is midway between Atlanta, GA and Charlotte, NC in the foothills of the Appalachians. Downtown lodging includes the Hampton Inn, the Courtyard Marriott, the Westin Pointsett and the Holiday Inn Express.

**MORE INFORMATION** – Contact Carli Gaughf at [carligaughf@appliedtheatrecenter.org](mailto:carligaughf@appliedtheatrecenter.org). If you'd prefer to speak to an ATC staff person, email Carli your phone number and a convenient time for us to call you back.

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**The Applied Theatre Center** employs theatre techniques and practices with diverse populations to enable them to collectively communicate their concerns, advocate for change, and celebrate their accomplishments. The Applied Theatre Center is a bridge between organizations offering programs which meet the needs of individuals and communities and theatre artists trained in a variety of applied theatre techniques. We are based in Greenville, SC, but connected to applied theatre artists and groups

around the world. We collaborate with these organizations to:

**Learn their goals** for the people they serve

**Learn the characteristics** of the people they serve

**Create a program** of applied theatre (short or long term) for the people they serve

**Implement that program** by training and assigning theatre artists to work with the people they serve

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## 2015 WORKSHOP DETAILS

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### Introduction to Theatre of the Oppressed January 23-24, 2015

**Carli Gaughf**, ATC Director of Community Partnerships

Theater of the Oppressed provides tools for people to explore collective struggles and then experiment with inventing a new future together through theater. In T.O., theater is emphasized not as a spectacle but rather as a language accessible to all. In this two-day workshop, participants will be introduction to the purpose and methods of T.O., with a focus on the forms of Image Theatre and Forum Theatre.

### Theatre for Marginalized Groups May 14-17, 2015

**Dale Savidge**, ATC Executive Director

An opportunity to learn about and participate in ATC's group work with adults on the autism spectrum, as well as a Playback Cafe performance for the homeless. This workshop consists of seven sessions that take place over a four-day period. Registered participants may attend as many sessions as desired.

**Workshop registration fees:** \$175 pre-registration for adults, \$125 pre-registration for students, \$200 after April 30

#### Thursday, May 14

**Location for this day:** 20 McGee Street, Greenville, SC 29601. *The juvenile facility is in the left area of the parking lot inside a blue building with a gated area in front.*

3:30 pm - There is limited space available to observe our group at the Greenville County Juvenile Detention Facility. This weekly group uses improv-based drama therapy to engage the 12-16 year old inmates (general 10-20 in number) in group activities which encourage positive imagination, collaboration and spontaneity.

6:00 pm - Join Spectrum 14/15, our theatre group for adults on the autism spectrum, for 90 minutes. This drama therapy program focuses on social skills and group communication. It is a one-year-long program and this night will be one of our last sessions before a public performance. The spring meetings are focusing on emotional expression, recognition and containment. We are using the metaphor of going "into the woods" to challenge our ASD group to branch out into the community and overcome the challenges inherent in an autism diagnosis.

#### Friday, May 15

**Location for this day:** TBA. The evening will be free to enjoy downtown Greenville.

9:00 am to 4:00 pm - We will spend the morning and afternoon training in various applied theatre techniques which have applications to people in at risk, underserved or marginalized communities.

#### Saturday, May 16

**Location for this day:** Triune Mercy Center, 222 Rutherford Street, Greenville, SC 29609

9:00 am to noon - Join members of the Playback Cafe in a rehearsal for their monthly performance of Playback theatre for homeless people. You will experience training in Playback forms and how we adapt them to this specialized community.

2:00 pm - 5:00 pm - More training opportunities in applied theatre methods, with a focus on how we have used forum theatre to engage people stuck in cycles of poverty and homelessness. The evening is free.

#### Sunday, May 17

**Location for this day:** Triune Mercy Center, 222 Rutherford Street, Greenville, SC 29609

11:00 am - Attend church at Triune Mercy Center, a church by and for homeless people and the locus of our work in this community. After church you are invited to lunch with members of the church, the homeless as

well as other members, and learn about our Playback Cafe fits into the menu of services available through Triune.

4:00 pm - 7:30 pm - Rehearse with and observe a performance of the Playback Cafe at Triune.

For more information about the Theatre for Marginalized Groups, please email Dale Savidge at [dsavidge@appliedtheatrecenter.org](mailto:dsavidge@appliedtheatrecenter.org).

If you need lodging in the area we recommend any of the various chain hotels near the interstates (if cost is a factor).

### **Theatre for Social Change: Cycles of Poverty**

**June 19-21, 2015**

**Carli Gaughf**, *ATC Director of Community Partnerships*

This workshop will look at various theatre methods employed around the globe to create social action, such as Theatre for Development, Theatre of the Oppressed, and HIV/AIDS prevention initiatives. These methods can be applied to a variety of societal problems, but our weekend will focus on cycles of poverty. Theatre for Social Change methods lead to a dialogical process, empowering communities to voice their needs and solve their own problems. Come, explore this growing international field of theatre with us!

### **Go Play: Exploring Creativity and Spontaneity through Psychodrama**

**July 24-26, 2015**

**Heidi Landis**, *Creative Alternatives of New York*

This workshop is designed for those interested in exploring the bridge between personal story, creativity, and the power of community. In this experiential workshop, participants will gain an understanding of the basic principles and techniques of psychodrama, group psychotherapy, and sociometry and allow participants to connect with their own sense of play.

Conceived and developed by Jacob L. Moreno, MD, psychodrama employs guided dramatic action to examine problems or issues raised by an individual (psychodrama) or a group (sociodrama). Using experiential methods, sociometry, role theory, and group dynamics, psychodrama facilitates insight, personal growth, and integration on cognitive, affective, and behavioral levels. It clarifies issues, increases physical and emotional well-being, enhances learning and develops new skills. (ASGPP)

### **Applied Theatre and Spiritual Formation Workshops**

**(Available all year)**

**Dale Savidge**, *ATC Executive Director*

A dynamic, interactive weekend of theatre and spirituality. Participants will journey into a deeper relationship with God personally and in community through applied theatre techniques. By experiencing the power of theatre as it intersects with faith, the participants will also learn a variety of applied theatre methods and how they can be used in Christian ministry. This intensive weekend (Thur night through Sat afternoon) can come to your organization; booking dates are limited so inquire early.

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## 2015 WORKSHOP LEADERS

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### Dale Savidge

#### Theatre for Marginalized Groups, Applied Theatre and Spiritual For- mation Workshops

A Greenville, SC-based theatre direc-  
tor, educator and entrepreneur, Dale  
holds a PhD in English and Theatre

from the University of South Carolina. He is coauthor of the book *Performing the Sacred* and chair of the theatre department at North Greenville University, where he teaches applied theatre. In 2015 he will complete his training as a Registered Drama Therapist under the guidelines of the North American Drama Therapy Association. Dale has created productions, programs and companies, and is most proud of his loving wife Tammy and their three children and seven grandchildren. He travels widely and frequently, leading and attending conferences and workshops around the world. In recent years he taught applied theatre methods in Singapore, NYC and in Puerto Rico.



### Carli Gaughf

#### Theatre for the Oppressed, Theatre for Social Change

Carli is a director, facilita-

tor, educator, and performer. She worked in New York City for nearly a decade where she produced and directed performances of new works and taught theatre workshops for young artists. She has a passion for using theatre to explore stories with marginalized communities and has created performances in prisons, senior centers, and community centers. She moved to Greenville this year to facilitate workshops and build community partnerships with The Applied Theatre Center. Carli has training in community-based performance

from the renowned Cornerstone Theater Company in Los Angeles and Urban Bush Women in Brooklyn, NY. She has a M.A. in Applied Theatre from the City University of New York and a B.A. in Theatre from Florida State University.

### Heidi Landis

#### Psychodrama

Heidi Landis, RDT-BCT, LCAT, TEP, CGP is a Registered Drama Therapist (RDT), Licensed Creative Arts Therapist (LCAT), Trainer Educator and Practitioner of Psychodrama (TEP) and Certified Group Psychotherapist. Heidi is the Associate Executive Director at Creative Alternatives of New York (CANY) where she runs a variety of Trauma-Informed Drama Therapy groups with many different populations including refugee children and adults, adults and youth on the autistic spectrum and youth in residential settings and therapeutic schools. Heidi is the lead trainer at CANY and facilitates CANY's Learning Collaborative and trainings in New York City, nationally and internationally. In addition, Heidi is in private practice and runs psychodrama training groups in NYC and Cleveland, Ohio. Heidi is an adjunct professor at The College of New Rochelle, Lesley University and is frequent guest lecturer at New York University. She recently published a chapter on her work with women refugees in the new book *Trauma-Informed Drama Therapy*; Editors Johnson and Sanani. Heidi served two terms as the Education Chair of the North American Drama Therapy Association and serves on the Executive Council of the American Society of Group Psychotherapy and Psychodrama.