

Registration

Register online at www.regonline.com/goplaypsychodrama2015, or by contacting ATC Executive Director Dale Savidge at dsavidge@appliedtheatrecenter.org.

Adult early registration fee (by Jan. 21, 2016): \$175 (\$200 after Jan. 21)

Student registration fee: \$125

This workshop is limited to 25 people

Pre-conference bonus event Thursday, Feb. 4: 6:30 - 9 p.m.

Working with "Resistance": Drama therapy and Adolescents

This highly experiential workshop will provide participants with a greater understanding of the relationship between trauma, resistance and creativity. Participants will learn and experience creative strategies for working with adolescents in group work. Creative interventions in all stages of work with adolescents will be explored. Participants will be introduced to the theoretical principles behind drama therapy and the creative arts, experience drama therapy process in action and learn ways in which the material explored can be applied to own clinical and personal work.

Location: Phoenix Center Training Center for Excellence, 130 Industrial Drive, Greenville, SC 29607

Go play! - Friday, Feb. 5 9 a.m. - noon, 1-4:30 p.m., 6-9 p.m.

Go play! - Saturday, Feb. 6 9 a.m. - noon, 1-4:30 p.m.

Go play: This workshop is designed for those interested in exploring the bridge between personal story, creativity, and the power of community. In this experiential workshop, participants will gain an understanding of the basic principles and techniques of psychodrama, group psychotherapy, and sociometry and allow participants to connect with their own sense of play.

Conceived and developed by Jacob L. Moreno, MD, psychodrama employs guided dramatic action to examine problems or issues raised by an individual (psychodrama) or a group (sociodrama). Using experiential methods, sociometry, role theory, and group dynamics, psychodrama facilitates insight, personal growth, and integration on cognitive, affective, and

behavioral levels. It clarifies issues, increases physical and emotional well-being, enhances learning and develops new skills. (ASGPP)

The group will share stories and practice playing them back. Along the way we will share in our common humanity through story and experience how acting out stories is a cathartic experience for the teller and the hearers. We will also explore playing back narratives and non-narrative literature from the Bible.

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Heidi Landis

- Registered Drama Therapist (RDT), Licensed Creative Arts Therapist (LCAT), Trainer Educator and Practitioner of Psychodrama (TEP) and Certified Group Psychotherapist.
- Associate Executive Director at Creative Alternatives of New York (CANY) where she runs a variety of Trauma-Informed Drama Therapy groups with many different populations including refugee children and adults, adults and youth on the autistic spectrum and youth in residential settings and therapeutic schools.
- Heidi is in private practice and runs psychodrama training groups in NYC and Cleveland, Ohio.
- She is an adjunct professor at The College of New Rochelle, Lesley University and is frequent guest lecturer at New York University. She recently published a chapter on her work with women refugees in the new book *Trauma-Informed Drama Therapy*; Editors Johnson and Sajjani.
- Heidi served two terms as the Education Chair of the North American Drama Therapy Association and serves on the Executive Council of the American Society of Group Psychotherapy and Psychodrama.

