

get real!



ATC's professional development

programs use theatrical techniques to achieve real world goals. Our skilled facilitators do this by guiding your group through a highly customized "rehearsal for reality" that explores career and workplace issues in ways that are impactful, fast-paced and fun!

A goal-oriented approach

First, we meet with your team leaders to gain a thorough understanding of your goals. Then we design an interactive, group-based program to meet those specific goals. Once your leadership team has approved the program outline, we implement it according to the timeline you prefer ... all in one 60-minute session, or over a period of days. We focus on the individual strengths of program participants as we enable them to focus on what's important to you. For example ...

Conflict resolution

Counteracting implicit bias and "otherness"

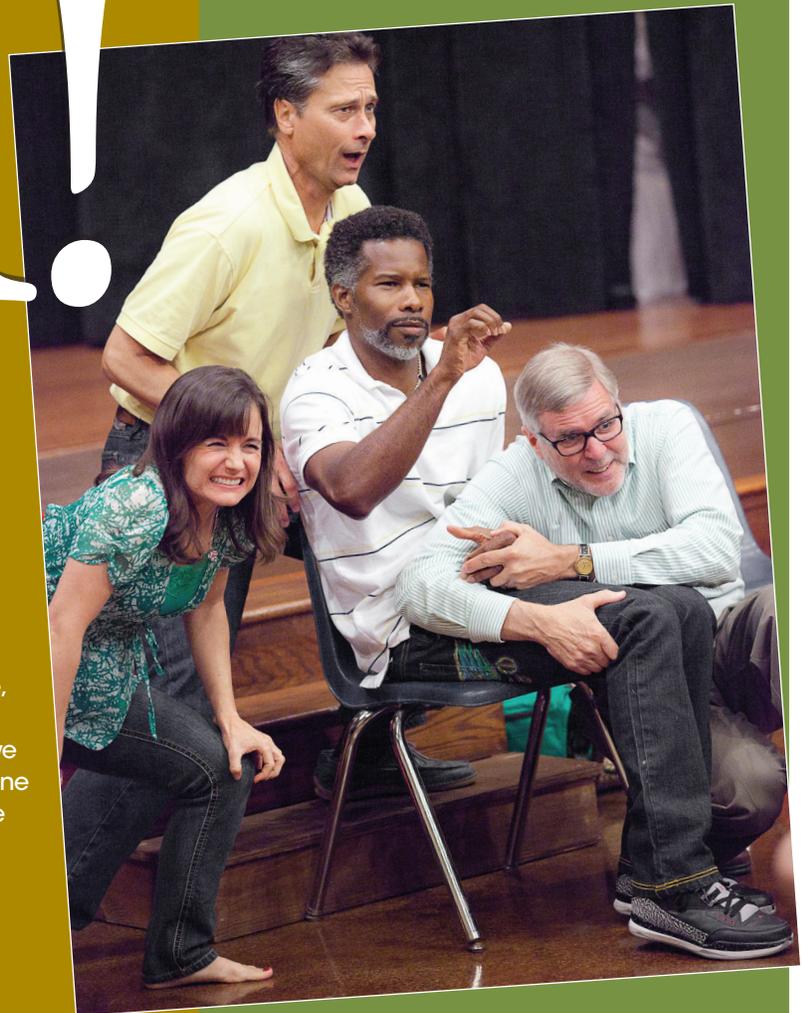
Boosting emotional and social intelligence

Improving communication skills

Developing your own in-house programs

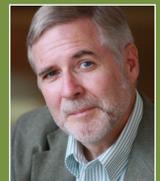
"Rehearsal for reality" techniques

- **Role play:** Participants are up on their feet, stepping into and out of roles, gaining a unique 360-degree view of themselves and others.
- **Improvisation:** Participants learn empathy and active listening through spontaneous collaboration.
- **Sociodrama:** Participants create a brief scene that voices a concern or issue shared by the group. They choose the characters, situation and setting, and a facilitator guides the action toward discovery of ways to play real-life roles better, discard roles that aren't helping, and try new roles that might not have been considered.
- **Forum theatre:** While sociodrama gives voice to a concern or issue, forum theatre explores potential solutions. We find that participants are most likely to implement a solution when it's one they "own" because they've discovered it themselves.



ATC lead facilitator

Dr. Dale Savidge is a **registered drama therapist (RDT)**. He has led theatre-based, professional development workshops for the Greenville Chamber of Commerce, Rotary International, the Greenville County Sheriff's Department, and others both locally and nationally. Read his bio [here](#).



Dale's professional development programs are high-impact and low-stress. His style is supportive and empathic.

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